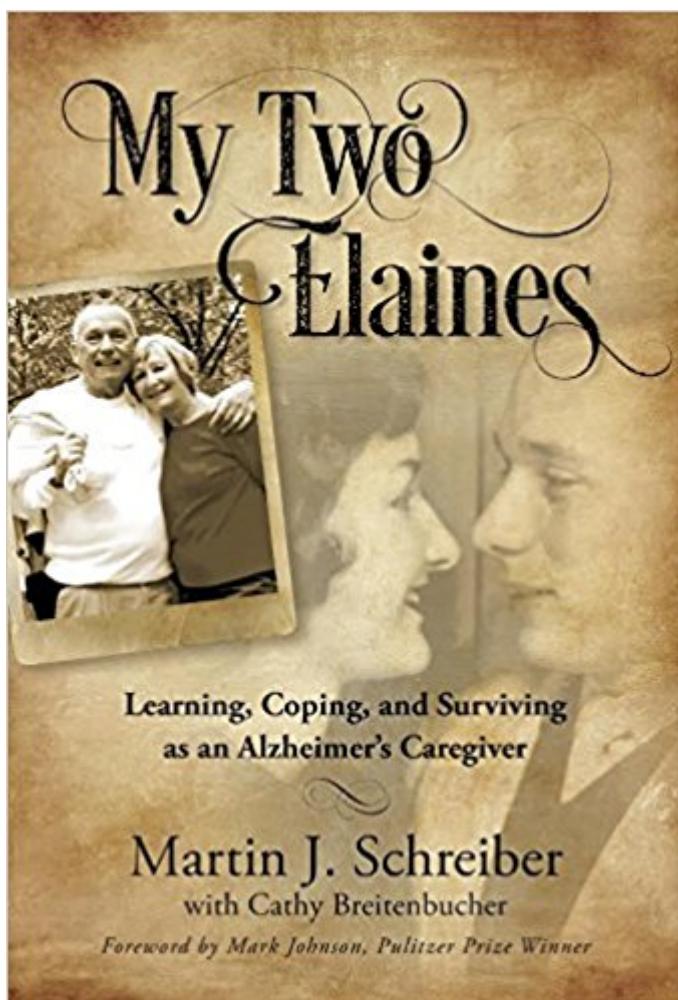


The book was found

# My Two Elaines: Learning, Coping, And Surviving As An Alzheimer's Caregiver



## **Synopsis**

Former governor of Wisconsin Marty Schreiber has seen his beloved wife, Elaine, gradually transform from the woman who had gracefully entertained in the Executive Residence to one who sometimes no longer recognizes him as her husband. In *My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver*, Marty candidly counsels those taking on this caregiving role. More than an account of Marty's struggles in caring for his wife, *My Two Elaines* also offers sage advice that respects the one with Alzheimer's while maintaining the caregiver's health. As two-thirds of those with Alzheimer's are women, he offers special guidance for men thrust into an unexpected job. With patience, adaptability, and even a sense of humor, Marty shows how love continues for his Second Elaine.

## **Book Information**

Paperback: 168 pages

Publisher: Book Publishers Network; 1st edition (November 21, 2016)

Language: English

ISBN-10: 1945271213

ISBN-13: 978-1945271212

Product Dimensions: 0.5 x 6 x 8.8 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 26 customer reviews

Best Sellers Rank: #30,028 in Books (See Top 100 in Books) #17 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer's Disease #22 in Books > Health, Fitness & Dieting > Mental Health > Dementia #99 in Books > Medical Books > Medicine > Internal Medicine > Neurology

## **Customer Reviews**

My Two Elaines will touch the heart of every caregiver who has given his or her own to a loved one. Marty's story of selflessness and struggle will offer strength for many caregivers across our country who act as everyday heroes. --US Senator Tammy Baldwin What this book reminds us is that whatever our differences--our backgrounds, temperament, socioeconomic status, and, yes, even gender--the often difficult experience of caregiving can become a meaningful expression of our humanity and, as it is for Marty Schreiber, of his love for his two Elaines. --Piero G. Antuono, MD, Director, Dementia Research Center, Medical College of Wisconsin; Medical and Scientific Advisory Panel, Alzheimer's Disease International Marty Schreiber has written a book that will prove to be

invaluable to the Alzheimer's community. His personal experience (and wisdom gained) as a caregiver is shared in such an honest and impactful way that it should be mandatory reading for all individuals who step forward to serve in this capacity. In addition, this book will inspire all of us who are committed to the vision of the Alzheimer's Association: a world without Alzheimer's. --David Simbro, Senior Vice President, Northwestern Mutual; National Board Member, Alzheimer's Association

Martin J. Schreiber served as governor of Wisconsin after being elected three times to the state senate and twice as lieutenant governor. He has become the state's most visible spokesperson on behalf of Alzheimer's caregivers. Cathy Breitenbacher is an award-winning journalist and author.

I think this is a great book for someone who just found out a loved one is battling Alzheimer's, the family and close friends, and definitely the main caregiver. He has a lot of good points to help with the transition.

A brilliant, concise story of the ravages of Alzheimer's on patients and caregivers. Beyond how to and what not to into the conceptual understandings that have to precede what becomes the routine of disordered lives.

Good book to help those who have a family member with Alzheimer's.

Really Love it!

This is a beautifully written book. I recommend it highly for anyone caregiving a spouse, parent, etc. My father had Alzheimers and I can relate to what Martin wrote in this book and I used that knowledge I learned thru my experiences with my dad to help other people going thru it. Also worked with our awesome local Milwaukee Alzheimers organization . Thank you for writing this book.

Wonderful book....everyone should read this. Not only if personally involved with the disease but for knowledge of a world wide health problem.

Mr. Schreiber, thank you for writing this book. I'm in the financial services business and you sharing

your experiences helps me be better prepared for the time when my clients start to show signs of dementia. Thank you again. Patrick Bradley

As a caregiver for 9 years of my husband with Alzheimers, I have just about read every book there is about the disease. This is the first book I read that profoundly touched me and gave me courage and insight into my own struggles. I wish I had it sooner in my journey.

[Download to continue reading...](#)

My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver  
Caregiver Triumphant: How to overcome stress and thrive in your role as a family caregiver  
The Alzheimer's Medical Advisor: A Caregiver's Guide to Common Medical and Behavioral Signs and Symptoms in Persons with Dementia  
Dr Ruth's Guide for the Alzheimer's Caregiver: How to Care for Your Loved One without Getting Overwhelmed  
–And without Doing It All Yourself  
The Alzheimer's Advisor: A Caregiver's Guide to Dealing with the Tough Legal and Practical Issues  
The Dementia Caregiver: A Guide to Caring for Someone with Alzheimer's Disease and Other Neurocognitive Disorders (Guides to Caregiving)  
Alzheimer's Disease and Other Dementias - The Caregiver's Complete Survival Guide  
The Caregiver: A Life With Alzheimer's, with new material (The Culture and Politics of Health Care Work)  
What If It's Not Alzheimer's?: A Caregiver's Guide To Dementia (3rd Edition)  
Triple Therapy for Hepatitis C: Strategies and Coping Tips for the Caregiver  
Possible Miracle: A Caregiver's Experience Coping with Her Husband's Struggle Through Pancreatic Cancer, Liver Disease and a Liver Transplant  
A Possible Miracle: A Caregiver's Experience Coping With Her Husband's Struggle Through Pancreatic Cancer, Liver Disease and a Liver Transplace A Caregiver's Story: Coping with A Loved One's Life-Threatening Illness  
A Patient and Caregiver's Guide to Surviving Bipolar Disorder: Tips from a Survivor  
The Alzheimer's Prevention Food Guide: A Quick Nutritional Reference to Foods That Nourish and Protect the Brain From Alzheimer's Disease  
Coping Skills for Kids Workbook: Over 75 Coping Strategies to Help Kids Deal with Stress, Anxiety and Anger  
Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention)  
Coping with an Organ Transplant: A Practical Guide (Coping With Series)  
The Weight Loss Surgery Coping Companion: A Practical Guide for Coping with Post-Surgery Emotions  
The Weight Loss Surgery Coping Companion: A Practical Guide to Coping with Post-Surgery Emotions

[Contact Us](#)

DMCA

Privacy

FAQ & Help